

AMENDED SET OF CLAIMS

Please amend the claims as follows:

1-3. (Cancelled).

4. (Currently Amended) A method for ameliorating mood disorders comprising administering an effective amount of a composition comprising theanine to a person in need thereof,
wherein said mood disorders are distinct from mood disorders associated with menstruation.

5. (Currently Amended) A method for ameliorating a symptom of a mood disorder, wherein said symptom is at least one symptom selected from the group consisting of depressed mood, feelings of guilt, suicide, retardation: psychomotor, and diminished insight according to the assessment method by the Hamilton scale, comprising
administering an effective amount of a composition comprising theanine to a person in need thereof,
wherein said mood disorder is distinct from mood disorders associated with menstruation.

6. (Previously Presented) The method of claim 4, wherein said composition is administered as a food or beverage.

7. (Previously Presented) The method of claim 5, wherein said composition is administered as a food or beverage.

8. (Previously Presented) The method of claim 5, wherein said symptom of a mood disorder is depressed mood.

9. (Previously Presented) The method of claim 5, wherein said symptom of a mood disorder is feelings of guilt.

10. (Previously Presented) The method of claim 5, wherein said symptom of a mood disorder is suicide.

11. (Previously Presented) The method of claim 5, wherein said symptom of a mood disorder is retardation: psychomotor.

12. (Previously Presented) The method of claim 5, wherein said symptom of a mood disorder is diminished insight.